

# YOUTH GUIDE TO COMMUNITY RESOURCES SERVICES AND ORGANIZATIONS



*We will help people in our communities achieve and maintain emotional well-being.*

702 Sunset Drive. Ontario, OR 97914

| 541-889-9167

Fax: 541-889-7873

Email: [ontarioinfo@lifeways.org](mailto:ontarioinfo@lifeways.org)

[www.lifeways.org](http://www.lifeways.org)

# ABOUT US

Mission Statement: WE WILL HELP PEOPLE IN OUR COMMUNITIES ACHIEVE AND MAINTAIN EMOTIONAL WELL-BEING.

Lifeways is the largest behavioral health care provider in the region with over 300 employees. Lifeways is licensed to serve in Idaho and is certified to provide mental health and addiction services by the State of Oregon.

## **Our Staff**

To accomplish our mission, we maintain a qualified and professional staff, including psychiatrists, therapists, skills trainers, and case managers who are trained to assess and respond to the individual needs of our clients. We provide our staff with knowledge through ongoing training and broad and intensive opportunities for professional growth and advancement. We strive to maintain a friendly and efficient workplace that supports staff in providing creative, committed, and effective service to our clients.

## **Our Services will be...**

### ***Effective***

Mental Health Services at Lifeways are based on the latest advances and best practices in the art and science of psychiatry, psychology, and mental health. We encourage professional excellence by providing our staff with ongoing opportunities for training and study necessary to remain abreast of new developments and best practices. We maintain a rigorous quality assurance and quality improvement process to ensure that our clinical practice is appropriate, effective, and in line with accepted national standards and the state of the art.

### ***Accessible***

We provide our clients with appointments and services in ways and at times that are convenient for them. We are committed to responding to all new requests for services with appointments within two weeks of an initial request. We maintain a walk-in clinic to ensure that clients experiencing acute distress receive immediate care. Mental health crisis assessment and intervention services by qualified mental health professionals are available twenty-four hours a day, seven days a week.

### ***Affordable***

We are committed to ensuring that our services are affordable to everyone who needs them. Lifeways is the Oregon Health Plan provider for Malheur County. Services

# Community Health Worker Guide to Community Resources Services and Organization

covered under the Oregon Health Plan are provided to enrollees without cost to the client. Lifeways accepts most forms of insurance and we help clients determine whether or not their insurance will cover part or all of the cost of services. For those with no insurance or inadequate insurance coverage, we provide discounted rates based on family income and are willing to arrange easy payment plans or work on a pro bono basis to ensure that no person is denied essential services.

## *Ethical*

The Mental Health Services staff of Lifeways adheres to the highest standard ethical professional conduct. Our Code of Ethical Conduct is designed to protect clients from harm and to ensure that they receive the services they need in ways that respect their human dignity and individual rights. A copy of the Code of Ethical Conduct is available at the reception desk.

## OUTPATIENT MENTAL HEALTH SERVICES

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- ◆ Assertive Community Treatment (ACT)
- ◆ Community Support Services (CSS)
- ◆ Couples and Family Counseling
- ◆ Development Assistance Program
- ◆ Early Assessment Support Alliance
- ◆ Forensics Case Management & Treatment
- ◆ Medication Management
- ◆ Intensive Outpatient Counseling
- ◆ Supported Employment
- ◆ Transportation Services

## CHILD & ADOLESCENT SERVICES

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- ◆ Addiction and Mental Health Services
- ◆ Child Parent Psychotherapy (CPP)
- ◆ Parent Child Interaction Therapy (PCIT)
- ◆ School Based Services
- ◆ Wraparound
- ◆ Active Parenting

## COMMUNITY SERVICES

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- Couples Workshop
- Critical Incident Stress Debriefing (CISD)
- Mental Health First Aid Training
- Community Health Worker

## OUTPATIENT ADDICTION SERVICES

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- ◆ Alcohol and Drug Treatment
- ◆ Driving Under the Influence of Intoxicants Evaluations (DUII)
- ◆ Gambling Treatment Services
- ◆ Medication Assisted Treatment
- ◆ Prevention Services
- ◆ Prevention Services
- ◆ Social Detoxification Services
- ◆ Transitional Housing
- ◆ Victim Impact Panel Program (VIP)

## 24 HOUR CRISIS SERVICES

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- ◆ 24/7/365 Mental Health Crisis Services
- ◆ Malheur Region | 541.889.9167
  - ◆ Toll Free | 800.995.9169
- ◆ Umatilla Region | 541.276.6207
  - ◆ Toll Free | 866.343.4473
- Walk-in Services Monday-Friday

# Helpline Numbers

**Lifeways 24-Hour Crisis  
(541)889-9167**

**Text HOME to 741741**

## National Crisis Line

### **National Suicide Prevention Lifeline**

24 hours a day / 7 days a week

**1-800-273-TALK (8255)**

[24/7 Lifeline Crisis Chat Line](#)

**En español: 1-888-628-9454**

**TTY: 1-800-799-4TTY (4889)**

<https://suicidepreventionlifeline.org/>

### **YouthLine**

Offers teen to teen crisis help with both a phone line and a texting support line through Lines for Life.

Teens respond from 4:00 to 10:00 PM Monday through Friday

24 hours a day / 7 days a week

**Call 1-877-968-8491**

**Text teen2teen to 839863**

### **Veterans Crisis Line**

Confidential help for veterans and their families.

**Call 1-800-273-8255 and Press 1**

**Text to 838255**

### **Trans Lifeline**

A trans-led organization that offers direct service, material support, advocacy, and education.

Peer support hotline available 7 am to 1 am PST

**1-877-565-8860**

### **The Trevor Project**

For lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.

24 hours a day / 7 days a week

**1-866-488-7386**

### **Friends For Survival, Inc.**

National support for survivors of suicide.

**1-916-392-0664**

### **Line for Life**

**800-273-8255 ext. 1** Military & Veterans Crisis Line

**800-282-7035** Senior Loneliness Line

**800-273-8255** Suicide Lifeline

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<p>Text 273TALK to 839863 (8am-11pm PST daily)</p> <p><b>800-923-4357</b> Alcohol and Drug Helpline Text RecoveryNow to 839863 (8am-11pm PST daily)</p> <p><b>888-457-4838</b> Military Helpline Text MIL 1 to 839863 (8am-11pm PST daily)</p>	
<h3>Parenting Helplines</h3>	
<p><b><u>Mother and Child Education Center</u></b> Pregnancy and parenting helpline for pregnancy concerns and basic parenting questions. 24 hours a day / 7 days a week <b>1-503-249-5801</b> <b>1-503-913-9360</b> Spanish line</p>	<p><b><u>Fact Oregon</u></b> Provides parenting trainings, resources, information, and support to parents and caregivers on issues related to special education. Monday-Friday 9am-5pm <b>888-988-3228 Help Line</b> <b>503-786-6082 Alternate</b></p>
<p><b><u>Oregon Family to family Health Information Center</u></b> Serves family members of individuals age 26 and younger with special physical, emotional, behavioral, or mental health needs, including those at risk of or suspected of having a special need Message line available 24 hours per day/7 days per week <b>503-931-8930 Spanish Language Line</b> <b>855-323-6744 Main phone Toll Free in Oregon. May leave message in English or Spanish</b></p>	<p><b><u>FosterClub</u></b> Provides parents of foster youth resources that are youth-informed to help provide perspective on how to be the best support for a young person in care. 24 hours per day / 7 days per week <b>503-717-1552</b></p>
<p><b><u>All-Options</u></b> Talkline offers a free and confidential space to talk about pregnancy, parenting, abortion, and adoption.</p>	<p><b><u>National Parenting Helpline</u></b> Emotional support and referrals to empower parents and caregivers, promoting parental resilience, social connections, knowledge of</p>

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<p>Monday-Friday 10am-1am, Saturday/Sunday 10am-6pm EST  <b>812-558-0089 ext. 2 Main phone</b>  <b>888-493-0092 Toll-free Pregnancy Talkline</b></p>	<p>parenting and child development, knowledge of where to access support in times of need, and children's social and emotional development  Monday-Friday 10am-7pm  <b>909-621-6184 ext. 218 Main phone</b>  <b>855-427-2736 Hotline</b></p>
<p><b><u>Boys Town National Hotline</u></b>  Provides a 24-hour crisis, resource, and referral line for children and families.  24 hours per day / 7 days per week  <b>800-448-3000 Hotline</b>  <b>800-448-1833 TTY/TTD</b></p>	
<h3><b>Runaway/Homeless Youth Helpline</b></h3>	
<p><b><u>National Safe Place</u></b>  XT 4 HELP can be used for the same reason a young person may go to a Safe Place site: abuse, bullying, family problems, depression, and/or suicidal thoughts  24 hours per day / 7 days per week  <b>888-290-7233</b>  <b>Text <i>SAFE</i> &amp; current location to 4HELP (44357)</b></p>	<p><b><u>National Runaway SafeLine</u></b>  <i>Serves ages 12-21</i>  Provides anonymous and confidential crisis intervention, information and referral, message delivery, and conference services for homeless and runaway youth.  24 hours per day / 7 days per week  <b>800-786-2929 Safeline</b>  <b>1-800-RUNAWAY</b></p>
<h3><b>Sexual Assault Hotline</b></h3>	
<p><b><u>Project Dove</u></b>  Provides a domestic violence, sexual assault, and human trafficking crisis line.  Crisis Line: 24 hours per day / 7 days per week  Office hours: Monday-Friday 8am-5pm  <b>800-889-2000 Crisis Line</b>  <b>541-889-6316 Main phone</b></p>	<p><b><u>Call to Safety</u></b>  Emotional support, safety planning, crisis intervention, information and referrals, and education to survivors of sexual assault through the crisis line.  24 hours per day / 7 days per week  <b>503-235-5333 Hotline</b>  <b>888-235-5333 Toll-free</b></p>
<p><b><u>Pathway to Safety International</u></b>  Developing working relationships with survivors to assist them from danger to self-sufficiency, both overseas and in the United States  24 hours per day / 7 days per week  <b>833-723-3833 Helpline</b></p>	<p><b><u>Rap, Abuse &amp; Incest National Network</u></b> Offers a safe and confidential, national sexual assault hotline, as well as online chat services for survivors of sexual assault.  24 hours per day / 7 days per week  <b>800-656-4673 Hotline</b></p>

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**Eating Disorder**

**National Eating Disorder Association**

Supporting individuals and families affected by eating disorders  
800-931-2237

**Proud2BME**

An information resource and forum on eating disorders and body issues

**Talklines/Warmlines**

**Community Counseling Solutions**

Peer-to-peer support for anyone who needs someone to listen, offers encouragement, and build strength.

Monday 10am-8pm, Tuesday 10am-midnight, Wednesday 9am-8pm, Thursday 8am-8pm, Friday-Sunday 10am-10pm

**541-676-9161 Main phone**  
**800-698-2392 Warmline**

**Postpartum Support International**

Postpartum Support International has many resources to help families, providers, and communities learn about the emotional and mental health of childbearing families.

Warmline: 24 hours per day / 7 days per week  
Administrative hours: Monday-Friday 8am-5pm

**503-894-9453 Administration**  
**503-894-9453 Message phone Text for direct support**  
**800-944-4773 Helpline**

**All-Options**

Talkline offers a free and confidential space to talk about pregnancy, parenting, abortion, and adoption.

Monday-Friday 10am-1am, Saturday/Sunday 10am-6pm EST

**812-558-0089 ext. 2 Main phone**

**Resolve National Infertility Association**

RESOLVE is a national infertility association that provides a helpline for individuals and families seeking volunteer-based peer support and resources.

Message line open 24 hours per day / 7 days per week

**866-668-2566 Toll-free Helpline/message line**

**Help-4-HEP**

Provides phone based peer support to individuals that have been diagnosed with or exposed to hepatitis C. Monday-Friday 9am-9pm  
877-435-7443 helpline

## LGBTQ Helplines

### Lesbian, Gay, Bisexual, and Transgender National Help Center

Provides telephone, online private one-to-one chat, and email peer support for LGBT callers of all ages to talk about coming-out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer-sex information, etc.

Monday-Friday 1pm-9pm, Saturday 9am-2pm  
**888-234-7243 Hotline 888-234-SAGE**

### LGBT NATIONAL YOUTH TALKLINE

Provides telephone, online private one-to-one chat, and email peer support for LGBT teens and young adults to talk about coming-out issues, relationship concerns, parent issues, school problems, HIV/AIDS anxiety, safer-sex information, etc.

*Serves ages 13-25*

Monday-Friday 1pm-9pm, Saturday 9am-2pm  
**800-246-7743 Hotline 800-246-PRIDE**

## Mobile App





## Project Dove

*Assistance program for victims of domestic violence, sexual abuse and child abuse.*

**Address:** 44 NW 5th Ave, Ontario, OR 97914  
**Phone:** (541) 889-6316  
541-889-2000– 24 hours hotline  
1-800-889-2000– out-of-state  
Facebook.com/projectdove~

www.projectdove.org

**Hours of Operation:**  
Monday-Friday: 8:00 A.M.– 5:00 P.M.

## WOMEN AND CHILDREN ALLIANCE

*Shelter for domestic violence, sexual abuse, and child abuse victims*

**Address:** 720 W Washington St, Boise, ID 83702  
**Phone:** (208)343-3688  
**Hours of Operation:**  
Monday-Friday: 9:30 A.M.– 5:30 P.M.

## ROSE ADVOCATES

*Shelter for domestic violence against women and children*

**Address:** 14 S Main St # 102, Payette, ID 83661  
**Phone:** (208) 642-1025  
Www.facebook.com/Rose-Advocates  
<https://www.roseadvocates.org>

**Hours of Operation:**  
Monday-Friday: 8:30 A.M.– 4:30 P.M.

## ADVOCATES AGAINST FAMILY VIOLENCE

*Eliminate Domestic Violence in the lives of individuals and in our community.*

**Address:** 1508 Hope Ln Caldwell, ID 83605  
**Phone:** 208-459-6330  
208-459-4779– 24 Hours hotline  
208-459-6279– Shelter  
[www.aafvhope.org](http://www.aafvhope.org)

Pregnancy testing & Assistance, STD/STI Testing

## HOPE PREGNANCY CENTER

*Helping women understand all their options when facing an unplanned pregnancy.*

**Address:** 17 SW 6th St, Ontario, OR 97914  
**Phone:** (541) 889-4272  
[www.mightbepregnant.com](http://www.mightbepregnant.com)

**Hours of Operation:**  
Monday & Thursday: 10:30 A.M.—6:00 P.M.  
Tuesday: 3:00 P.M.– 6:30 P.M.  
Closed Wednesday, Friday, Saturday & Sunday

## MALHEUR COUNTY HEALTH DEPARTMENT

*Family planning center, testing center, & assistant on unplanned pregnancy*

**Address:** 1108 SW 4th St, Ontario, OR 97914  
**Phone:** (541) 889-7279  
**Hours of Operation**  
Monday– Friday: 8:30– 5:00 P.M.

## TREASURE VALLEY WOMEN'S CLINIC

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*Women health clinic and family planning center.*

**Address:** 1219 SW 4th Ave #2, Ontario, OR 97914

**Phone:** (541) 881-2800

**Hours of Operation:**  
Monday-Friday: 8:00 A.M.-5:00 P.M.

## Women, Infants, Children (WIC)

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*This public health program is designed to improve health outcomes and influence lifetime nutrition and health behaviors in targeted, at-risk populations.*

**Address:** 1108 SW 4th Street Ontario, OR – 97914

**Phone:** (541) 889-7041  
[www.facebook.com/WIC-Programs](http://www.facebook.com/WIC-Programs) ~

[www.wicprograms.org](http://www.wicprograms.org)

**Hours of Operation:**  
Monday-Friday: 8:30 A.M.– 5:00 P.M.  
Closed for lunch 12-1 P.M.

## Family Assistance

### PLANNED PARENTHOOD

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*Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.*

Meridian Health Center  
**Address:** 2112 E Franklin Rd, Meridian, ID 83642

**Phone:** (800) 769-0045

**Hours of Operation:**  
Tuesday: 10AM to 6PM  
Wednesday-Saturday: 8AM-4PM  
Friday: 9am-5pm  
Closed Sunday and Monday

### Boise Health Center

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**Address:** 3668 N Harbor Ln, Boise, ID 83703

**Phone:** (800) 769-0045

Hours of Operation:  
Monday- 11AM-7PM  
Tuesday- 10AM-6PM  
Wednesday- 9AM-5PM  
Thursday-Saturday 8AM-4PM

## IDAHO TEEN PREGNANCY

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*Provide youth access to accurate information services, and support relationships so they can make healthy choices.*

**Address:** 450 W State St, Boise, ID 83702

**Phone:** 208-334-6600  
[idahoteenpregnancy.com](http://idahoteenpregnancy.com)

## OREGON DEPARTMENT OF HUMAN SERVICES SELF-SUFFICIENCY OFFICE

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DHS Self-Sufficiency offices offer help with food benefits (SNAP), cash for families (TANF), child care assistance, refugee services.

### Physical Address

186 East Lane, Suite 2  
Ontario, OR 97914

**Phone** (541) 889-9141

**Fax** 541-889-2694

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**OREGON  
DEPARTMENT  
OF HUMAN  
SERVICES  
CHILD  
WELFARE  
OFFICE**

DHS Child Welfare  
Offices offer assistance  
with Adoption, Foster  
Care, Foster parents  
and relative caregivers,  
Child abuse and  
neglect, Independent  
Living Program  
**Physical Address**  
186 East Lane, Suite 3  
Ontario, OR 97914  
**Phone:** (541) 889-9194  
**Fax:** 541-889-9588

**CASA OF  
EASTERN  
OREGON**

*The CASA program  
trains and supports  
volunteers who  
advocate for the best  
interests of abused and  
neglected children in  
Baker, Malheur and  
Union counties.*  
Contact Betty Ramirez:  
(541) 709-8134  
[www.oregoncasanetwork.org](http://www.oregoncasanetwork.org)

**FTP**

*Individual, adolescent  
& Family counseling.  
Medicare, Medicaid, &  
Family insurance  
accepted.*

Address: 390 NE 2nd  
St. Ontario, OR 97914  
Phone: (541) 889-1050  
[www.tfpservices.org](http://www.tfpservices.org)

**Hours of Operation:**  
Monday– Thursday:  
9:00 A.M.– 5:00 P.M.  
Friday: By  
appointment

**TREASURE  
VALLEY  
CHILDREN  
RELIEF  
NURSERY**

*To prevent child abuse  
and neglect by  
strengthening at-risk  
families through  
proven interventions*  
**Address:** 780 SE 6th  
St, Ontario, OR 97914  
**Phone:** (541) 823-2526  
[tvcnrn.org](http://tvcnrn.org)

**Hours of Operation:**  
Monday– Friday: 8:00  
A.M.-5:00 P.M.

**BOYS & GIRL  
CLUB OF  
WESTERN  
TREASURE  
VALLEY**

*To offer all youth in the  
Western Treasure  
Valley the opportunity  
to recognize their  
potential and pursue  
their dreams.*

**Ontario Club**  
573 SW 3rd Ave.  
Ontario, OR 97914  
(541) 889-7979  
**Payette Club**  
1222 1st Ave South.  
Payette, ID 83661  
(208) 642-2785  
[www.facebook.com/BG](http://www.facebook.com/BG)  
CWTW [www.bgwctv.org](http://www.bgwctv.org)  
**Hours may vary,  
contact your agency for  
more information.**

**Children's  
intensive in-  
home survives  
(ciis)**

*help families care for their  
children with significant  
disabilities in their homes.*  
**Address:** 11826 NE  
Glisan Street Portland OR  
97220  
Phone: 971-673-3000  
**Hours of Operation:**  
Contact Main office for  
more details and  
eligibility.

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COMMUNITY  
AGENCIES

**GIGGLE AND GRACE EARLY LEARNING CENTER**

*Provide day-long care for infants and children.*

**Address:** 1260 SW 8th Ave, Ontario, OR 97914

**Phone:** (541) 889-6141  
www.gigglegrace.org

**Hours of Operation:**  
Monday– Friday: 7:30 A.M.– 6:00 P.M.

**MALHEUR COUNTY CHILD DEVELOPMENT CENTER**

*We approach each child as an individual with their own talents and one-of-a-kind needs*

**Address:** 790 SW 7th Pl, Ontario, OR 97914

**Phone:** (541) 889-2393  
www.mccdc.org

**CUDDLE BUG JUNCTION CHILDCARE CENTER**

*We provide quality care for your babies and children just as you would. Lots of hands-on learning!*

**Address:** 400 S Main St, Payette, ID 83661  
**Phone:** (208) 230-0141  
www.facebook.com/pg/cuddlebugjunction

**Hours of Operation:**  
Monday– Friday: 6:00 A.M.– 6:30 P.M.

**OREGON CHILD DEVELOPMENT COALITION**

*Improving the lives of children and families by providing early childhood education*

Ontario:

**Address:** 482 SE 3rd St, Ontario, OR 97914  
**Phone:** (541) 889-5325

Nyssa:

**Address:** 308 East 2nd St, Nyssa, OR 97913  
**Phone:** (541) 293-3014

www.ocdc.net  
**Hours of Operation:**  
Monday– Friday: 8:00 A.M.– 5:00 P.M.

**COMMUNITY IN ACTION**

*We serve low to moderate-income individuals and families.*

**Address:** 915 SW 3rd Ave, Ontario, OR 97914

**Phone:** (541) 889-9555  
www.communityinaction.info

**Hours of Operation:**  
Monday– Thursday:  
9:00 A.M.– 4:00 P.M.  
Friday: 9:00 A.M.–  
12:00 P.M.

**HOUSING AUTHORITY OF MALHEUR & HARNEY COUNTY**

*Federally Subsidized Program, designed to assist eligible Low income family pay their rent.*

**Address:** 959 Fortner Street, Ontario OR 97914

**Phone** (541) 889-9662  
**Hours of Operation:**  
Monday– Thursday:  
9:00 A.M.– 5:00 P.M.

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**WESTERN  
IDAHO  
COMMUNITY  
ACTION  
PARTNERSHIP**

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*To promote the capacity, competency, responsibility, opportunity, power and self-sufficiency of people*

Address: 315 S Main St., Payette, ID 83661  
Phone: (208) 642-9086  
[www.wicap.org](http://www.wicap.org)

**Hours of Operation:**  
Monday- Friday: 8AM-5PM

**GOBHI**

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*Individuals can obtain gas, meal, and motel reimbursements. Call ENCC for requirements*

Toll Free: 877-875-4657

**Hours of Operation:**  
Monday-Friday: 7:00 A.M.-5:00 P.M.

**DEPARTMENT  
OF HUMAN  
SERVICES-  
VOLUNTEER  
SERVICES**

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*Volunteers provide personalized ways to help DHS clients*

Contact: Jane Padgett:  
541-805-9693  
Address: 186 East Lane, Ste 5. Ontario, OR 97914  
Phone: 541-889-8657 ext. 563

**Hours of Operation:**  
Monday- Friday: 7:30 A.M.- 5:00 P.M.

**OREGON  
HUMAN  
DEVELOPMENT  
CORPORATION**

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*Promoting economic advancement and self-sufficiency of farmworkers and underserved communities*

Address: 1076 SW 4th Ave, Ontario, OR 97914

Phone: (541) 881-1491  
[www.ohdc.org](http://www.ohdc.org)

**Hours of Operation:**  
Monday- Friday: 8:00 A.M.- 5:00 P.M.

**DEPARTMENT  
OF MOTOR  
VEHICLES**

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*To promote driver safety, protect financial and ownership interests in vehicles*

Address: 787 SW 7th Pl. Ontario, OR 97914  
Phone: (541) 889-8712

**Hours of Operation:**  
Monday- Friday: 9:00-5:00 P.M.  
Wednesday: 10AM-5PM

**US Social  
Security  
Administration**

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Address: 908 SE 5th Ave, Ontario, OR 97914  
Phone: (800) 772-1213  
[www.ssa.gov](http://www.ssa.gov)

**Hours of Operation:**  
Monday, Tuesday, Thursday, Friday: 9:00 A.M.- 4:00 P.M.  
Wednesday: 9:00 A.M.-12:00 P.M.

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**THE SALVATION ARMY**

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These officers are responsible to lead by assessing needs, delivering programs and directing ministries for our local community  
**Address:** 1023 E Chicago St, Caldwell, ID 83605  
**Phone:** (208) 459-2011  
[www.caldwell.salvationarmy.org/](http://www.caldwell.salvationarmy.org/)

**Department of Human Services– Aging and People with Disabilities**

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*Help you and your family find needed services and supports*  
**Address:** 186 East Lane, Ste 4. Ontario, OR 97914  
**Phone** (541) 889-7553  
[www.oregon.gov/dhs/seniorsdisabilities/Pages/index.aspx](http://www.oregon.gov/dhs/seniorsdisabilities/Pages/index.aspx)  
**Hours of Operation:**  
Monday– Friday: 7:30 A.M.– 5:00 P.M.

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**MALHEUR COUNCIL ON AGING**

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*Services for Seniors and People with Physical Disabilities*  
**Address:** 842 SE 1st Ave. Ontario OR 97914  
**Phone:** (541) 889-7651  
[www.mcoacs.org](http://www.mcoacs.org)  
**Hours of Operation:**  
Monday– Friday: 8:00 A.M.– 5:00 P.M.

**EASTERN OREGON CENTER INDEPENDENT LIVING (EOCIL)**

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*independent living and equal access for all persons with disabilities.*  
**Address:** 1021 SW 5th Ave, Ontario, OR 97914  
**Phone:** (541) 889-3119  
**Hours of Operation:**  
Monday– Friday: 9:00 A.M.– 3:00 P.M.

**RISE SERVICES**

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*Provides services for people with disabilities*  
**Address:** 650 Ontario Heights Rd, Ontario, OR 97914  
**Phone:** (541) 881-9907  
[www.riseservicesinc.org](http://www.riseservicesinc.org)  
g  
Hours may vary!

**ADDUS HEALTH CARE**

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*We provide great care and we pay attention*  
**Address:** 842 SE 1st Ave, Ontario, OR 97914  
**Phone:** (541) 889-5336  
[www.addus.com](http://www.addus.com)  
**Hours of Operation:**  
Monday-Friday: 8:00 A.M.– 5:00 P.M.

**COMMUNITY PARTNERSHIPS OF IDAHO INC.**

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*providing supports for children and adults of all ages with developmental disabilities and mental illness.*  
**Address:** 1401 N Whitley Dr, Fruitland, ID 83619  
**Phone:** (208) 642-2283  
**Hours of Operation:**  
Monday-Friday: 8AM-5PM

## COMMUNITY IN ACTION

### Treasure Valley Boxing Club

Supports youth gain physical fitness, helps youth understand how to work as an individual and as a team, and offers youth positive adult mentorship while learning the basics of boxing.

### Help for Runaways & Homeless

identify the best resources available to help keep youth in their home, providing it is deemed a safe environment or to determine a better living situation for youth.

Financial Literacy  
help youth understand personal finances and budgeting

Ready to Rent Class  
help youth understand their obligations when renting, to help youth understand their rights for fair housing

**Address:** 915 SW 3rd  
Ave, Ontario, OR  
97914

**Phone:** (541) 889-9555

## Rose Advocates

**Journey Behind Abuse**  
classes how to move forward after domestic abuse relationship.

**Strong Kids Club**  
classes on dangers, violence, etc.

**Address:** 14 S Main St #  
102, Payette, ID 83661  
**Phone:** (208) 642-1025

## Dove Project

**Dating Violence**  
classes will talk about some warning signs along with solutions.

**Teen Meeting**  
Project Dove provides Teen Group Meeting that are held on Saturday from 3pm-5pm.

**Address:** 44 NW 5th  
Ave, Ontario, OR 97914  
**Phone:** (541) 889-6316

## 4-H Program

*provide the resources necessary to participate in the wide variety of opportunities available to youth and volunteers*  
710 SW 5th Ave.  
Ontario, Oregon 97914  
(541) 881-1417

Hours of Operation:  
Monday-Friday: 9:00  
AM– 5:00 PM

## THE WIOA YOUTH PROGRAM

*Employment and other career plans attainable for each youth served*

Contact: Diane Davis  
Youth Career  
Specialist  
375 SW 2nd Avenue  
Ontario, Oregon 97914  
Phone: (541) 889-7864

## ONTARIO LIBRARY

*Basic computer classes, Word 2016 & Excel 2016*

**Address:** 388 SW 2nd  
Ave. Ontario, OR  
97914

**Phone:** 541-889-6371

**Call for the days of  
classes, space is  
limited!**

## Four River Welcome Center

*Classes of ESL, citizenship, gardening skills, and more.*

**Address:** 640 SW. 4th  
Ave. Ontario, OR  
97914

**Phone:** 541-889-3510

**CONTACT** Renee  
Cummings: 208-369-  
3995

Community Health Worker Guide to Community Resources Services and Organization

**EOCIL**

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*Budget Class,  
Alzheimer's/Dementia  
Support Group*

**Address:** 1021 SW. 5th  
Ave Ontario, OR 97914  
**Phone:** (541)889-3119

**Valley Family  
Health Care  
Outreach Center**

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*Cooking classes to  
assist individuals learn  
how to cook healthier.*

**Address:** 7 SW 3rd St.  
Ontario, OR 97914  
**Phone:** (541) 889-6119

**Contact office for more  
information regarding  
classes.**

**FOUR RIVER  
CULTURAL  
CENTER**

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*Zumba & Young at  
heart for Senior  
Classes*

**Address:** 1108 SW 4th  
St. Ontario, OR 97914  
**Phone:** (541) 889-8191

**Contact office for more  
information regarding  
classes.**

**MALHEUR  
COUNTY  
HEALTH  
DEPARTMENT**

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*Information classes on  
healthy eating and food  
tasting through Oregon  
State extension*

**Address:**17 SW 6th St.  
Ontario, OR 97914  
**Phone:** (541) 889-7279

**Contact office for more  
information regarding  
classes.**



Community Health Worker Guide to Community Resources Services and Organization

EMPLOYMENT ASSISTANCE

OREGON LAW CENTER

- **Administrative Law-** health care, unemployment insurance, food stamps, the Jobs program, public benefits, Social Security and child support.
  - **Employment Law:** including wage claims, discrimination claims, family leave, working conditions and safety.
  - **Family Law** low income families, with the highest priority for matters involving domestic violence.
  - **Farmworker Law:** farmworkers, including wage claims, working conditions, housing and health care
  - **Housing Law:** low income people including Fair Housing, government subsidized housing, landlord-tenant law and issues related to homelessness.
- Address:** 35 SE 5th Ave # 1, Ontario, OR 97914  
**Phone:** (541) 889-3121  
**Hours of Operation:** Monday– Friday: 9:00 A.M.– 4:00 P.M.

LIFEWAYS SUPPORT EMPLOYMENT

*Support Employment Aids with job search, placement, integrated service support and personalized benefits planning.*

**Address:** 702 Sunset Dr. Ontario, OR 97914  
**Phone:** (541) 889-9167  
**Hours of Operation**  
Monday-Wednesday: 8:00 A.M.-6:00 P.M.  
Thursday-Friday: 10 A.M.- 5:00 P.M.  
**CONTACT FOR MORE INFORMATION (MUST BE A CLIENT AT LIFEWAYS!!!)**

EXPRESS EMPLOYMENT PROFESSIONALS

**Address:** 211 N Whitley Dr #2, Fruitland, ID 83619  
**Phone:** (208) 452-4864  
**Hours:** Monday-Friday: 8AM-5PM

AMERICAN STAFFING

**Address:** 1205 N Whitley Dr #3, Fruitland, ID 83619  
**Phone:** (208) 452-5575  
**Hours:** Monday-Thursday: 8:00 A.M.-5:00 P.M.  
Friday: 8:00 A.M.-6P.M.

PERSONNEL PLUS, INC. FRUITLAND ID

**Address:** 1213 NW 16th St, Fruitland, ID 83619  
**Phone:** (208) 453-7900  
**Hours:** Monday-Friday: 8:00 A.M.-5:00 P.M

OREGON EMPLOYMENT DEPARTMENT

**Address:** 375 SW 2nd Ave, Ontario, OR 97914  
**Phone:** (541) 889-5394  
**Hours:** Monday-Friday: 8:00 A.M.-5:00 P.M.

**LEGAL AID SERVICES OF OREGON**

**PUBLIC BENEFIT LINE:** 1-800-520-5292  
Monday, Tuesday, Wednesday Thursday 1pm-4pm  
Tuesday & Wednesday 9am-12PM

**Child Support Helpline** 1-800-383-1222  
Monday: 1-4on & Thursday: 9-12pm

Community Health Worker Guide to Community Resources Services and Organization

MEDICAL

**VALLEY FAMILY  
ONTARIO, OR**

2327 S.W. 4th Ave  
Phone: (541) 889-2340

**Office Hours:**

Monday– Friday: 8–  
8:00 P.M.  
Saturday: 9:00 A.M.–  
5:00 P.M.  
Sunday: 12:00 P.M.–  
5:00 P.M.

**STARK'S MEDICAL\***

Physicians:

Ashley McCallister-

*Family*

*Medicine*

Fred R. Stark- *MD*

*Allergy &*

*Immunology, Internal  
Medicine*

Jody A. Stark- *Family  
Medicine, Psychiatry*

**Address:** 932 W Idaho  
Ave # 100, Ontario, OR  
97914 ~ **Phone:** (541)  
889-2244

**Hours of Operation:**

Monday– Friday: 8:00-  
5:00 P.M.

**PPCC– URGENT  
CARE CLINIC \***

**Address:** 335 SW 13th  
St, Ontario, OR 97914  
**Phone:** (541) 889-8410

**Hours of Operation:**

Monday– Friday: 8-6  
P.M.  
Saturday & Sunday: 8-1  
P.M.

**VALLEY FAMILY  
NYSSA, OR**

**Address:** 17 S. 3rd St.  
Nyssa, OR 97913

**Phone:** (541) 372-5738

**Office Hours:**

Monday– Friday: 8–  
5:00 P.M.  
Wednesday: 11-8:00  
P.M.

**VALLEY FAMILY  
NEW PLYMOUTH,  
ID**

**Address:** 300 N.

Plymouth

**Phone:** (208) 278-3335

**Office Hours:**

Monday– Thursday: 8–  
6:00 P.M.  
Friday: 8:00 A.M.–  
12:00 P.M.

**VALLEY FAMILY  
PAYETTE, ID**

**Address:** 1441 N.E.  
10th Ave.

**Phone:** (208) 642-9376

**Office Hours:**

Monday– Friday: 8:00–  
5:00 P.M.  
Tuesday: 8:00-8:00  
P.M.

**VALLEY FAMILY  
VALE, OR**

**Address:** 789

Washington W.

**Phone:** (541) 473-2101

**Office Hours:**

Monday– Friday: 8–  
5:00 P.M.  
Wednesday: 11– 8:00  
P.M.

**WOMEN & FAMILY  
MEDICINE CLINIC \***

1219 S.W. 4th Ave.,  
Suite 2

**Phone:** (541) 881-2800

**Office Hours:**

Monday– Friday: 8:00–  
5:00 P.M.  
Saturday: 8:00 P.M.–  
3:00 P.M.

**SAINT ALPHONSUS  
FRUITLAND, ID:  
URGENT CARE**

**Address:** 910 NW 16th  
St. #101

**Phone:** (208) 452-8050

**FOUR RIVERS  
HELATH CLINIC**

**Address:** 640 SW 4th  
Ave, Ontario, OR  
97914 **Phone:** (541)  
889-3510

**Hours of**

**Operation:**

Monday– Sunday: 9–  
5:00 P.M.

**SNAKE RIVER  
PEDIATRICS**

**Address:** 840 SW 4th  
Ave Ste 105, Ontario,  
OR 97914

**Phone:** (541) 881-2380

**Hours of Operation:**

Monday– Friday: 8–  
6:00 P.M.  
Saturday: 8:00 A.M.–  
2:00 P.M.

**Community Health Worker Guide to Community Resources Services and  
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**PREDIATRIC  
CLINIC\***

**Address:** 1219 S.W. 4th  
Ave., Suite 1

**Phone:** (541) 889-2668

**Office Hours:**

Monday– Friday: 7:30–  
7:30 P.M.

Saturday: 10:00 A.M.–  
4:00 P.M.

**RIVERSIDE  
ORTHOPEDICS &  
SPORT MEDICINE**

**Address:** 910 NW 16th  
St #205, Fruitland, ID  
83619

**Phone:** (208) 452-3111

**Hours of Operation:**

Monday– Thursday: 9–  
5:00 P.M.

Friday: 9– 3:00 P.M.

**OPTOMETRIST**

**ONTARIO MEDICAL  
ASSOCIATES \***

**Address:** 269 SW 19th  
St, Ontario, OR 97914

**Phone:** (541) 889-3106

**Office Hours**

Monday– Friday: 9–  
5:00 P.M.

**TREASURE VALLEY  
VISION CENTER \***

**Address:** 279 SW 10th  
St, Ontario, OR 97914

**Phone:** (541) 889-2020

**Hours of Operation:**

Monday– Friday: 8–  
5:00 P.M.

**FAMILY EYE  
CENTER\***

**Address:** 1257 SW 4th  
Avenue Ontario, OR  
97914

**Phone:** (541)889-2191  
& (208)642-4434

**Hours of Operation:**

Monday, Wednesday  
, Thursday, Friday:  
9am-5pm

Tuesday 10am-7pm  
*For Emergency after  
hours, Please Call:  
541-889-2191*

**RYSENGA JULIE MD  
OPHTHALMOLOGY**

**Address:** 932 W Idaho  
Ave, Ontario, OR  
97914 ~ **Phone:** (541)  
881-1300

**Hours of Operation:**

Monday– Friday: 8–  
5:00 P.M.

**IWASA EYE CENTER**

**Address:** 925 NW 12th  
St, Fruitland, ID 83619

**Phone:** (208) 452-2151

**Hours of Operation:**

Monday, Wednesday, &  
Thursday: 8:00 A.M.–  
5:00 P.M.

Tuesday: 9:30 A.M.–  
7:00 P.M.

Friday: 8:00 A.M.– 1:00  
P.M.

**DENTAL**

**VALLEY FAMILY  
DENTAL PAYETTE, ID**

**Address:** 1501 N.E.  
10th Ave.

**Phone:** (208) 642-9379

**Office Hours:**

Monday, Wednesday,  
Thursday: 8:00 A.M.–  
4:45 P.M.

Tuesday: 8:00 A.M.– 6  
:45 P.M.

Friday: 8:00 A.M.– 1:00  
P.M. (Toothache Clinic  
hours)

**VALLEY FAMILY  
DENTAL ONTARIO,  
OR**

**Address:** 2327 S.W. 4th  
Ave.

**Phone:** (541) 889-0052

**Office Hours:**

Monday:8:00 A.M.–  
7:00 P.M.

Tuesday, Wednesday,  
Thursday: 8:00 A.M.–  
4:30 P.M.

Friday: 8:00 A.M.– 1:00  
P.M.

Wednesday & Friday  
Toothache Clinic– 8-1  
P.M.

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**VALLEY FAMILY  
DENTAL NYSSA, OR**  
Address: 17 N. 6th St.  
Nyssa OR 97913  
Phone: (541) 372-2606  
**Office Hours:**  
Tuesday & Friday: 8–  
4:30 P.M.  
Wednesday &  
Thursday: 8– 6:30 P.M.

**HIGH DESERT  
DENTAL**  
*No Insurance? Saving  
Monthly Program  
Available. Contact  
office for more details.*  
Address: 271 SW 13th  
St, Ontario, OR 97914  
Phone: (541) 889-9407  
**Office Hours:**  
Monday– Thursday:  
8:00 A.M.– 5:00 P.M.  
Closed for lunch 1-2  
P.M.  
*Emergency Appointments  
Available.*

**EASTERN OREGON  
DENTAL CLINIC**  
Address: 475 SW 12th  
St, Ontario, OR 97914  
Phone: (541) 881-8700  
**Office Hours:**  
Monday-Friday: 8–  
5:00 P.M.

**ONTARIO DENTAL  
ARTS**  
Address: 473 SW 12th  
St, Ontario, OR 97914  
Phone: (541) 889-3282  
**Office Hours:**  
Monday– Friday: 8–  
5:00 P.M.

**JAY B. WETTSTEIN  
DMD .**  
*Flexible Payment Plan*  
Address: 478 SW 12th  
St, Ontario, OR 97914  
Phone: (541) 889-6666  
**Office Hours:**  
Monday: 8:00 A.M.–  
5:00 P.M.  
Tuesday-Thursday:  
7:00 A.M.-4:00 P.M.  
Friday: 7:00 A.M.-  
12P.M.

**REDDY JACKIE**  
*Flexible Payment Plan*  
Address: 478 SW 12th  
St, Ontario, OR 97914  
Phone: (541) 889-6666  
**Office Hours:**  
Monday: 8:00 A.M.–  
5:00 P.M.  
Tuesday-Thursday:  
7:00 A.M.-4:00 P.M.  
Friday: 7:00 A.M.-  
12P.M.

**WHITE HOUSE  
DENTAL**  
Address: 347 W Idaho  
Ave, Ontario, OR  
97914  
Phone: (541) 889-8837  
**Office Hours:**  
Monday-Thursday: 8-  
5:00 P.M.

**LAKE DENTAL**  
Address: 286 SW 4th  
St, Ontario, OR 97914  
Phone: (541) 889-7050  
**Office Hours:**  
Monday, Tuesday &  
Thursday: 8:30 A.M.-  
5:00 P.M.  
Wednesday: 8:00 A.M.-  
5:00 P.M.

**Neal P. Webster,  
D.D.S.**  
Address: 1950 N.  
Whitley Dr. Fruitland,  
ID 83619 ~  
Phone: (541) 889-4717  
**Office Hours:**  
Wednesday: 9– 5 p.m.

**FRUITLAND FAMILY  
DENTAL**  
Address: 715 SW 3rd  
St, Fruitland, ID 83619  
Phone: (208) 452-4303  
**Office Hours:**  
Monday– Thursday:  
8:00 A.M.– 5:00 P.M.

**CHILDREN'S  
DENTISTRY**  
Address: 1950 N  
Whitley Dr, Fruitland,  
ID 83619  
Phone: (541) 709-5500  
**Office Hours:**  
Monday-Friday:  
8:00A.M.– 5:00 P.M.

Community Health Worker Guide to Community Resources Services and Organization

**RIGHT BITE  
DENTURES**

**Address:** 975 SW 1st  
Ave, Ontario, OR  
97914

**Phone:** (541) 889-3750  
Office Hours:  
Monday-Friday: 7:30–  
5:00 P.M.

**IDAHO ORAL  
SURGERY: HILLAM  
RYAN DDS**

**Address:** 1820 N  
Whitley Dr, Fruitland,  
ID 83619

**Phone:** (208) 452-4808  
Office Hours:  
Monday, Tuesday &  
Thursday: 8:00 A.M.-  
4:00 P.M.  
Friday: 8:00 A.M.– 3:00  
P.M.

**WESTERN IDAHO  
DENTAL CLINIC**

**Address:** 135 N Whitley  
Dr, Fruitland, ID  
83619

**Phone:** (208) 452-7000  
Office Hours:  
Monday-Friday: 8–  
5:00 P.M.

**TRANSPORTATION**

**SNAKE RIVER  
TRANSPORTATION**

*Operates in the cities of  
Fruitland & Payette  
with a stop at Walmart  
in Ontario. Passengers  
wanting to go further  
into Ontario can access  
the city of Ontario bus  
route from this  
location.*

Fares:

Adult (18-64) - \$1.00  
or \$30.00 monthly  
Youth (6-17)- \$0.75 or  
\$20.00 monthly  
Senior (65+)/Disabled-  
\$0.50 or \$15.00  
monthly  
Children 5 years and  
under ride free.

[www.treasurevalleytra  
nsit.com/snake\\_river.p  
hp](http://www.treasurevalleytra<br/>nsit.com/snake_river.p<br/>hp)

Bus Runs:

Monday-Friday: 6:00  
A.M.-6:00 P.M.

**GET-O-CAB**

Located in Vale, OR.  
Available 24/hours a  
day.  
Local area- \$5.00  
Vale to Ontario: \$25.00  
Ted Gallemore: (541)  
216-3994

**SPRINTER SHUTTLE**

*A privately held  
company in Ontario,  
OR and is a Single  
Location business.  
251 West Idaho Ave.  
Ontario, OR 97914  
Phone: (541) 709-  
0411*

**ARROW EXPRESS**

65 SW 5th Ave.  
Ontario OR 97914  
Contact Lou or Christy:  
(541) 709-1723

**Hours of Operation:**  
Monday– Thursday:  
7:00am– 3:00am  
Friday & Saturday:  
7:00am– 4:00am  
Sundays: 7:00am–  
12:00am

**GOBI (Medicaid Rides)**

Rides are available  
for **Covered  
Services** under the  
Oregon Health  
Plan. Services may  
be **medical, mental  
health, and dental.**  
1-877-875-4657

Community Health Worker Guide to Community Resources Services and Organization

FOOD PANTIRES

**Blessed Sacrament Community Food Pantry**  
892 SW. 2nd Ave.  
Ontario, OR 97914  
541-889-8469  
Tuesday & Thursday:  
1:00 P.M.-6:00 P.M.

**Next Chapter Food Pantry: St. Matthew's Church**  
762 SW 5th St.  
Ontario, OR 97914  
(541) 889-9332  
Tuesday: 4:00 P.M. &  
Thursday: 12 P.M.-3:00  
P.M.

**Next Chapter Food Pantry (#2): First Christian Church**  
180 NW 5th St.  
Ontario, OR 97914  
(541) 889-6716  
Monday: 12:00 P.M.-  
3:00 P.M.

**TFP Therapeutic Services**  
390 NE 2nd St.  
Ontario, OR 97914  
(541) 889-1050  
Last Friday of the  
month 9:00 A.M.-12:00  
P.M.  
*Pantry Services  
available by referral  
Mon-Thurs 9am-5pm.*

**Nyssa Community Food Pantry**  
Corner of 5th and Main  
Nyssa, OR 97913  
(541) 372-5623  
Monday 4:00 P.M.-7:00  
P.M. & Thursday: 9:00  
A.M.-1:00 P.M.

**Vale Pantry**  
525 B. St. (City Hall  
Basement) Vale, OR  
97918  
Tuesday: 1:00 P.M.-  
4:00 P.M. & Thursday  
12:00 P.M.-3:00 P.M.

**Mobile Pantries**  
*Held once a month.  
They provide a 3-5  
days supply of food.*  
**Annex Mobile Pantry**  
402 Annex Rd, Ontario,  
OR 97914  
2nd Thursday: 4:00  
P.M.-5:30 P.M.

**Harvest Share**  
*fresh produce once a  
month at Harvest  
Share location.*  
**Four Rivers Health  
Clinic**  
640 SW 4th Ave.  
Ontario, OR 97914  
Last Wednesday of the  
month 5pm-6pm

**Oregon Child  
Development Coalition**  
482 SE 3rd St. Ontario,  
OR 97913  
2nd Wednesday  
2:30pm-3pm

**Meal Site**  
**New Hope Kitchen**  
*Origins faith  
Community/first  
United Methodist  
Church*  
312 N.W. 2nd St.  
Ontario, OR 97914  
Monday-Thursday:  
2:30-3:30  
Friday: *Coffee &  
Pastries* 2:00-4:00 PM

**School Pantries**  
**Four River Community  
School**  
2449 SW 4th St.  
Ontario, OR 97914  
1st & 3rd Wednesday  
5:30 PM-6:30 PM

**Oregon Child  
Development Coalition**  
482 SE 3rd St. Ontario,  
OR 97914  
1st Thursday: 8:30  
A.M.-10:30 A.M.  
3rd Thursday: 3:30  
P.M.-5:30 P.M.

**Ontario School District**  
*Open to Students &  
Families of students  
that attend any school  
in the Ontario School  
District.*  
OMS Tiger Gym  
Ontario, OR 97914  
2nd & 4th Thursday:  
3pm-5pm

## Community Health Worker Guide to Community Resources Services and Organization

### EMERGENCY CLOTHING & FURNITURE

#### **Reload Consignment Store**

*Consignment store.  
Furniture, clothing,  
decorations and more.*

**Address:** 1940, 1701  
SW. 4th Ave. Ontario,  
OR 97914

**Phone:** (208) 714-0759

Hours of  
Operation:  
Monday– Saturday:  
10:00 A.M.– 5:00 P.M.  
Closed Tuesday &  
Sunday

#### **Christian Life Fellowship**

*Free clothing, call in  
advance*

**Address:** 366 SE. 5th  
St. Ontario, OR 97914  
~ **Phone:** (541)889-5730

Call for Hours

#### **Lighthouse Worship Center**

*Clothing, food, and  
hygiene items*

**Address:** 96 SW. 2nd  
St. Ontario, OR 97914  
~ **Phone:** (541) 889-  
5730

Hours of  
Operation:  
Friday: 11:00 A.M.–  
1:00 P.M.

#### **Hope Pregnancy Resource Center**

*baby and maternity  
items through  
mentoring programs*

**Address:** 17 SW 6th St.  
Ontario, OR 97914 ~

**Phone:** (541) 889-4272

Hours of Operation:  
Monday & Thursday:  
10:30 A.M.– 6:00 P.M.

Tuesday: 3:00 P.M.-  
6:00 P.M.

### SECOND HAND STORES

#### **The thrift shops**

*We sell a wide range of  
merchandise for every  
price range including  
nice, good quality  
clothing for men,  
women and children,  
stylish home decor,  
furniture including  
some high end and  
antique, books and  
movie.*

**Address:** 2057 SW 4th  
Ave, Ontario, OR  
97914 ~ **Phone:** (541)  
889-1197

Hours of Operation:  
Monday– Friday: 10:00  
A.M.– 6:00 P.M.

Saturday: 10:00 A.M.–  
5:00 P.M.

Sunday: 12:00 P.M.–  
4:00 P.M.

#### **Idaho youth ranch thrift store**

*Operate a network  
of thrift stores that  
help fund our  
youth programs and  
services.*

**Address:** 2588 SW 4th  
Ave, Ontario, OR  
97914 ~ **Phone:** (541)  
889-7716

Hours of Operation:  
Monday– Saturday:  
9:00 A.M.– 6:00 P.M.  
Sunday: 12:00 P.M.–  
5:00 P.M.

#### **Care-o-sell consignment**

*Used clothing store*

**Address:** 156 S Oregon  
St, Ontario, OR 97914  
~ **Phone:** (541) 881-  
1178

Hours of Operation:  
Monday– Friday: 10:00  
A.M.– 6:00 P.M.  
Saturday: 10:00 A.M.–  
4:00 P.M.

#### **The little red shed Second hand store**

**Address:** 1718 N  
Whitley Dr, Fruitland,  
ID 83619 ~ **Phone:**  
(208) 412-5941

Hours of Operation:  
Thursday, Friday &  
Saturday: 10:00 A.M.–  
6:00 P.M.

## Community Health Worker Guide to Community Resources Services and Organization

### **Sweet! Clovers**

*Used Clothing store*

**Address:** 225 SW 1st  
Ave. Ontario, OR  
97914

Hours of Operation:  
Monday– Saturday:  
10:00 A.M.– 5:00 P.M.

### **The bargain Center**

*Second Hand Store*

**Address:** 320 SE 1st.  
Ave. Ontario, OR  
97914 ~ **Phone:**

(541)889-1100  
Hours of Operation:  
Tuesday-Thursday:  
11:00 A.M.– 6:30 P.M.  
Friday-Saturday: 11:00  
A.M.– 7:00 P.M.