

Acceptable Items List

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BRING THE FOLLOWING ITEMS:

Please bring a 30-day supply of all medications. We will help facilitate refills at the client's cost.

- 3 pairs of foot covering
- 1 Coat/jacket/sweater
- 7 pairs of pants or shorts
- 7 shirts
- 7 undergarments
- 2 bras/1 sports bra (IF APPLICABLE)
- 7 pairs of socks
- 2 pairs of pajamas
- 2 baseball caps/hats (appropriate for residential environment)

Clients are assigned a small dresser of 3 drawers to store all their belongings.

All belongings must fit in the provided space.

All items that do not fit will be sent home at the client's cost.

***** Shirts are to cover the entire back/front and not be revealing.**

***** Shorts must be no more than 2" above the knee.**

*****Foot coverings include shoes, sandals, high heels, etc.**

OPTIONAL ITEMS:

- Toothbrush/paste/denture necessities (1 of each)
- Comb/brush/hair accessories
- Alcohol free mouth wash (1)
- Hair products - (1 of each product and a max of 3 products. LRC will provide shampoo/conditioner/body wash)
- Lotion/cologne/perfume- no heavily scented items, aerosol cans, or alcohol as an ingredient. (1 each)
- Razors/clippers/tweezers/nail polish- (items will be stored/locked by staff. Available on a check-in/check-out basis.)
- Feminine hygiene products
- Deodorant/Shaving cream- no aerosol cans (1 of each)
- Make-up items- must be in original sealed packaging and must all fit in a 5x5 bag.
- Tobacco products- Cigarettes **ONLY**, no vapes, loose and/or chewing tobacco.
- Hair dryer/straightener/curling iron- (1 of each item, max of 2 items)
- Pens/pencils/highlighters- (one pencil pouch max) Book (max of 2)

***** All above items are to be in their original sealed packages.**

UNACCEPTABLE ITEMS:

- hair dye
- sleeveless shirts/tank top
- offensive language/graphics
- bottles/canned drinks of any kind
- personal pillows, blankets, stuffed animals, towels- LRC will provide linens.
- bandanas
- short, sheer, or revealing clothing.
- sleeveless shirts/tank tops
- Glass or aerosol items of any kind.
- Electronic Devices(Including but not limited to kindles, iPads, laptops, smartwatches, etc.)

NO WEAPONS OF ANY KIND

Needs of non-acceptable items will be individually determined.

Any unacceptable items will not be allowed or accepted during intake.

Our desire is to provide an uninterrupted recovery environment for all clients.

We have a zero-tolerance policy regarding what NOT to bring or wear into our residential community and ask that you respect everyone's space and recovery environment.

Revised JUNE 2025